

Special diets

If your child has a dietary need please put the request in writing to the headteacher who will then arrange a meeting with the catering team to discuss your child's needs.

Log on to our new web site:

www.myschoollunch.co.uk/northyorks

and learn more about our mascot Herbie the carrot, play some on line games or gain inspiration for recipes for some healthy family meals.

SPECIAL PROMOTIONS

Look out for the following Special promotions. See school for details.

- Join Hands Day 7th May
- Fathers Day 19th June
- Wimbledon tennis promotion in June/July
- Picnic Days
- Leavers Day Luncheon
- Seaside Specials

Locally sourced food

This has now been endorsed for the second year running by the Soil Association Food for Life - Bronze Catering Award who promote home produced, high quality, fresh food using local suppliers. We work very closely with our suppliers to ensure high standards, not only in food quality, but also safety and hygiene.

We are now working towards the Silver Catering Mark Award for our menus. This includes sourcing foods which are environmentally friendly and ethical food. Pasta and beefburgers on the menu this term are now organic. We are looking at reducing plate waste and supporting eating well in schools as part of the Schools Food for Life programme.

The Catering Mark for menus is changing from 24th April 2017 becoming FOOD FOR LIFE SERVED HERE.



Contact us

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Email: june.taylor@northyorks.gov.uk

If you would like this information in another language or format such as Braille, large print or audio, please ask us.

Tel: 01609 780 780

Email: customer.services@northyorks.gov.uk

On week 3 we have featured Lee Morland's first course entry for School Chef of the year 2017. Mexican meatballs in a tomato sauce served with red rice and cheese cornbread with sweetcorn, courgette and ribbon salad.



Served w/c:
24th Apr, 15th May,
12th Jun, 3rd July, 24th July

WEEK **1**

Served w/c:
1st May, 22nd May,
19th Jun, 10th July

WEEK **2**

Served w/c:
8th May, 5th Jun,
26th June, 17th July

WEEK **3**

Monday

Bacon & Pea Pasta

Broccoli & Carrots
Tomato Bread

Iced Banana Cake
or Fresh Fruit



Succulent Strawberries - rich in Vitamin C, potassium, folic acid and fibre

✓ Cheese & Tomato Pizza

Peas & Sweetcorn
Potato Wedges

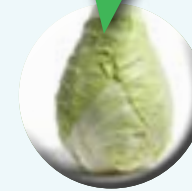
Pears & Ice Cream
or Fresh Fruit

Organic Beefburger in a Seeded Bun

Vegetable Sticks
New Potatoes

Summer Fruit Cheesecake
or Fresh Fruit

Summer Cabbage - Excellent source of Vitamin C, low in calories and fat. Most popular variety is 'Hispri' also known as Sweetheart Cabbage.



Sausages

Chips & Beans
Broccoli

Poppy Seed Bread

Chewy Oat & Seed Bars and Cheese
or Fresh Fruit

Tuesday

Minced Beef Tortilla Wrap

Mixed Salad
Sauté Potatoes

Chocolate Cornflake Pudding
or Fresh Fruit

Roast Pork Loin, Apple Sauce & Gravy

Carrots & Summer Cabbage
New Potatoes

Sliced Wholemeal Bread

Summer Fruit Crumble & Custard
or Fresh Fruit



Tangy Blackcurrants - excellent source of nutrients essential for health

Chicken Korma

Broccoli & Cauliflower
Savoury Brown Rice
Naan Bread

Lemon Drizzle Cake & Custard
or Fresh Fruit

Pasta Bolognaise

Green Beans & Sweetcorn
Herbie Bread

Digestive Biscuit, Cheese & Grapes
or Fresh Fruit

Meatballs in Creamy Tomato Sauce with Red Rice

Sweetcorn & Courgette and Carrot Ribbon Salad
Cheese Corn Bread

Forest Fruit Flapjack
or Fresh Fruit

Wednesday

Sweet & Sour Chicken with Rice

Cauliflower & Green Beans
Crusty White Bread

Orange Brownie & Ice Cream
or Fresh Fruit

Battered Fish Portion

Peas & Carrots
Chips

Wholemeal Bread

Berry Muffin & Glass of Milk
or Fresh Fruit

Tasty Tomatoes - very good source of Vitamin A and C



Thursday

Breaded Salmon Fillet with Tomato ketchup

Carrot Sticks
Peas

Chipped Potatoes
Sunflower Seed Bread

Fresh Fruit Salad & Yoghurt
or Fresh Fruit

Fish Fingers

Vegetable Sticks & Peas
Diced Potatoes

Apricot & Seed Bread

Fruit Fool & Shortbread Finger
or Fresh Fruit

Friday